




Cushing Academy
Anti-Racism Education and Action Collaboration
Resources

Session 1: Situating Oneself in Racism

	Thinking: when you can't or aren't ready to make change but are willing to engage in dialogue and willing to give/listen to feedback	Accepting: you see, feel and understand that changes are needed - agree to make necessary changes - agree to implement change	Embracing: actively embrace and promote the necessary change(s)* Framework: Inside Out Initiative
WEEK 1 TOPIC: Race as a Social Construct	For Learning:  Race - The Power of an Illusion The Difference ... PBS (video ~ 55 mins)  PBS Race The House We Live In CLIP.mp4 (video ~ 19 mins)  RACE – THE POWER OF AN ILLUSION How the Racial ... (video ~ 30 mins) The Myth of Race Debunked in 3 Minutes Vox (video ~ 3 mins) Seeing White: How Race Was Made (interview ~ 28 mins)	Listening and Learning from the Lived Experience: “I am Drowning in Whiteness” Ijeoma Oluo (article) “Guest in a Strange House” Andre Robert Lee “Walking While Black” Garnette Cadogan “To My White Friends Who See Tragedy in the Black Community and Say Nothing, Make it Personal” Kiara Imani Williams “We Need to Talk About an Injustice” Bryan Stevenson	Living as an Ally: “Be Less Racist: 12 Tips for White Dudes, by a White Dude” Dan Zanes (article) “White Privilege: Unpacking the Invisible Knapsack” Peggy McIntosh (article) “Robin DiAngelo: How 'White Fragility' Supports Racism and How Whites Can Stop It” (article)
WEEK 2 TOPIC: Whiteness (White fragility, White privilege and white supremacy)	For Learning: “Interrupt the System: Robin DiAngelo on ‘White Fragility’ and Anti-Racism” NPR/Ari Shapiro (interview ~ 11 mins) “There is No Apolitical Classroom”	Listening and Learning: “Ending Curriculum Violence” Stephanie P. Jones (article) “How I Began to See Systemic Racism”	Living as an Ally: “What White Colleagues Need to Understand” Clarice Brazas (article) “Overcoming Gag Rule in the U.S” ppt

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		<p>Robert Kaplinsky (blog)</p> <p>White Supremacy Culture Kenneth Jones, Tema Okun (article)</p> <p>Talking About Race (article/videos)</p>	<p>Me and White Supremacy Layla F Saad (book)</p>
<p>WEEK 3 TOPIC: Prejudice, Bias (Implicit vs Explicit)</p>	<p>For Learning: Jennifer Eberhardt on bias Daily Show with Trevor Noah (video ~ 13 mins)</p> <p>'Whistling Vivaldi' And Beating Stereotypes NPR (interview ~ 30 mins)</p>	<p>Listening and Learning: Racial Bias Test illuminates biases (Activity ~ 10 mins)</p> <p>Unconscious Bias In Schools HGSE (podcast ~ 25 mins)</p>	<p>Living as an Ally: Meet the psychologist exploring unconscious bias—and its tragic consequences for society Science/Douglas Starr (article)</p> <p>What Can I Do about Bias? MTV (action)</p>
<p>WEEK 4 TOPIC: Systemic Racism vs Individual Racism</p>	<p>For Learning: “Letter from a Birmingham (White) Male” Seth Griffin (article)</p> <p>How to deconstruct racism, one headline at a time Baratunde Thurston (video ~ 15 mins)</p>	<p>Listening and Learning: Brené with Ibram X. Kendi on How to Be an Antiracist (podcast ~ 60 mins)</p> <p>Costs of Racism to White People Paul Kivel (article)</p>	<p>Living as an Ally: Justice in June (or any other month) Challenges (Activity ~ 10/25/45 min daily)</p>

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Session 2: Systemic and Institutional Racism

	Thinking: when you can't or aren't ready to make change but are willing to engage in dialogue and willing to give/listen to feedback	Accepting: you see, feel and understand that changes are needed - agree to make necessary changes - agree to implement change	Embracing: actively embrace and promote the necessary change(s)* Framework: Inside Out Initiative
WEEK 5 TOPIC: Policing/Mass Incarceration	For Learning: A Brief History of Slavery and Origins of American Policing (Article) Bryan Stevenson: We need to talk about an injustice (TED Talk, ~ 23 minutes) Equal Justice Initiative, Slavery to Mass Incarceration (Video, ~ 6 minutes) Trevor Noah on the social contract, systemic racism, and protest movement. A very useful explanation to provide an understanding of what has lead to the protests. (Video, ~ 18 minutes)	Listening and Learning: Mass Incarceration, Stress, and Black Infant Mortality (Article) <i>Just Mercy</i> Bryan Stevenson (Book and Movie) 13th (Documentary)	Living as an Ally: Dismantling Racist Police Algorithms (Article) <i>The New Jim Crow</i> Michelle Alexander (Book) The Marshall Project (Subscribe)
WEEK 6 TOPIC: Voting Rights	For Learning: Carol Anderson on the myth of American democracy The Ezra Klein Show (Podcast ~ 1 hr)	Listening and Learning: <i>Give Us the Ballot: The Modern Struggle for Voting Rights in America</i> Ari Berman (Book)	Living as an Ally: <i>One Person, No Vote: How Voter Suppression Is Destroying Our Democracy</i> Carol Anderson (Book)

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	Modern Day Voter Suppression Against African-Americans is Very Much Alive Baltimore Sun (article)	America's Relentless Suppression of Black Voters The New Republic (Article)	
WEEK 7 TOPIC: Housing/ Economic Justice	For Learning: Explained Racial Wealth Gap FULL EPISODE Netflix (video ~ 16 min) Housing Segregation and Redlining in America: A Short History NPR (video, ~ 7 min) The Segregation Myth: Richard Rothstein Debunks an American Lie NowThis (video, ~ 9 min) The Economy that Slavery Built NYT/1619 Episode 2 (Podcast ~ 33 mins) Political power and the racial wealth gap, Ezra Klein Show (Podcast ~ 82 min)	Listening and Learning: Historian Says Don't 'Sanitize' How Our Government Created Ghettos NPR (audio ~ 35 min) Jim Crow of the North PBS (documentary, ~ 1 hr) <i>The Color of Money: Black Banks and the Racial Wealth Gap</i> Mehrsa Baradaran (Book) Racial disparities in wealth across America (video ~ 28 mins) <i>Forty Million Dollar Slaves: The Rise, Fall, and Redemption of the Black Athlete</i> William C. Rhoden (Book)	Living as an Ally: <i>The Color of Law: A Forgotten History of How Our Government Segregated America</i> Richard Rothstein (Book) <i>The Half Has Never Been Told: Slavery and the Making of American Capitalism</i> Edward E. Baptist (Book) The Case For Reparations Ta-Nehisi Coates (Article)
WEEK 8 TOPIC: Education / Health	For Learning: Are Private Schools Immoral? A conversation with Nikole Hannah-Jones about race, education, and hypocrisy. (article/interview) <i>A Hope in the Unseen: An American Odyssey from</i>	Listening and Learning: <i>The Prep School Negro</i> André Robert Lee (Documentary) <i>The Nickel Boys</i> Colson Whitehead (Book) <i>The Immortal Life of Henrietta Lacks</i>	Living as an Ally: <i>Savage Inequalities: Children in America's Schools</i> Jonathan Kozol (Book) "Four Ways Schools Can Support Teachers to Become 'Actively Anti-Racist'" Larry Ferlazzo (article)

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	<p><i>the Inner City to the Ivy League</i> Ron Suskind (book)</p> <p>Black student speak out on Instagram: BlackatCushing BlackatExeter Blackat... etc. (social media)</p> <p><u>How racism makes us sick</u> David R. Williams (TEDMED talk, ~ 18 mins)</p> <p><u>How the Bad Blood Started</u> NYT/1619 Episode 4 (podcast ~ 39 mins)</p> <p><u>Race and Medicine: The Harm That Comes from Mistrust</u> (article)</p>	<p>Rebecca Skloot (Book)</p> <p><u>Why the coronavirus is so deadly for black America</u> The Ezra Klein Show (podcast ~ 1 hr 22 mins)</p>	<p><u>Crack vs. Heroin: An unfair system arrested millions of blacks, urged compassion for whites</u> Asbury Park Press (Article)</p> <p><i>Just Medicine: A Cure for Racial Inequality in American Health Care</i> Dayna Bowen Matthew (Book)</p>
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